

Team Information 2009-2010 Season

Mission Statement

The mission of the Lander Swim Club (LSC) is to empower athletes of all ages to achieve their personal best and grow as people through excellence in swimming.

Who We Are

The LSC Tiger Sharks are a competitive, developmental swimming team registered with:

US Swimming Association <http://www.usaswimming.org/>

Wyoming Swimming Inc <http://www.wyomingswimming.org/>

Swimmers are taught the four competitive swimming strokes: free style, breaststroke, back stroke, and butterfly. Our program is designed to enable swimmers to grow from minimal swimming ability (**Learn to Swim**) into Stroke Development (**White Group**) through to Competitive Development (**Red, Blue, Green, & Masters Groups**). Swimmers compete at the local, state, regional and national levels according to the swimmer's desire and ability. We are committed to fun, family, exercise, team spirit and achieving your personal best.

Structure

The LSC is a **non-profit** organization managed by a volunteer board of directors composed of parents and adult swimmers. Meetings are open to all membership and participation is welcome. The coaching staff, board and parents work as a team in the best interests of the swimmers. The success of our club is based on member volunteerism (see Volunteerism below).

Board Members

Melissa Gray, Vice Chair	332-9749	melissa_gray@nols.edu
Judy Crawford	332-9903	markandjudy@wyoming.com
Cathy Robinson	332-0437	cathyrobinson@wyoming.com
Donna Mandel	332-5885	donnamandel@hughes.net
Betsy Schimelpfenig	332-4924	tschimmel@bresnan.net
Deborah Ellis		dqellis@msn.com
Cyndi Hargis		hargis@wyoming.com

Coaches: Senior Coaches

Jennifer Hudson Schaff, Head Coach	332-5074	jenhtt@uwyo.edu
Richard Cook		
Lantien "L.T." Chu		

Assistant Coaches

Kelci Aurand	Erik DeClue
Mei Ratz	Jennifer Heller

Volunteerism

LSC exists for the swimmers and we need you on the team. Many parents helped throughout the 2007-08 season. Thank you for your support. We need more and continued help from a greater percentage of our parent population. Many clubs have chosen to initiate volunteer incentive plans by which families pay a fee that they recoup throughout the year via volunteering. Lander Swim Club has chosen not to implement a volunteer incentive plan. We are seeking your assistance in maintaining our current honor system for volunteerism. Parents are asked to register for volunteer efforts during swimmer registration and throughout the year. Categories include: Swim Meet Timing at Jr High and High School Meets (a primary fundraiser for LSC), Concessions (at Spook Splash), Event support (At BBQs, parties or special events), Clothing orders and distribution (I.e., suits, t-shirts), Club Communication (I.e., web support, bulletin board design).

Practice

Pool Location:

Lander Community Swimming Pool
 450 South 9th Street Lander, WY 82520
 (307) 332-2272 (Club contact 332-9903)

Sessions

	Monday	Tuesday	Wed	Thursday	Fri or Sat
Learn to Swim	3:30-4:30	None	None	3:30-4:30	None
	4:30-5:30	None	None	4:30-5:30	None
White Group (Stroke Development & Non-competitive)	3:30-4:30	None	None	3:30-4:30	None
Red Group (Competitive Development ages 10 & under)	4:30-5:30		6:00-7:30		See calendar
Blue Group (Competitive Development ages 11-14)		6:00-7:30		4:30-5:30	See calendar
Green Group (Competitive Development ages 15-18)	3:30-5:30	6:00-7:30	6:00-7:30	3:30-5:30	See calendar
Masters Group (ages 19 & over)	4:30-5:30	6:00-7:30	6:00-7:30	4:30-5:30	See calendar

Fees

1-8 Sessions/mo \$35.00/swimmer
 9-12 Sessions/mo \$50.00/swimmer
 Unlimited \$60.00/swimmer
 Family \$110.00/family
 USSA Dues \$50.00/swimmer*

*United State Swimming Association (USSA) Membership required for all swimmers. Annual Dues are valid through December 2009.

Payment

Make payments to Lander Swim Club (LSC). Place payments in the black mailbox located in the pool lobby or mail payments to:

Lander Swim Club
P.O. Box 27 Lander, WY 82520

Payments in advance are appreciated. Billing will be sent the first week of the month. Late fees will accrue starting the 15th of the month. The LSC contact for billing is:

Norma Dufek 332-3220 ddufek@wyoming.com.

Scholarships

Lander Swim Club Scholarship financial aid is available to applicants who show willingness and commitment to participate as an active member of the Lander Swim Club (LSC) and who would be unable to participate without financial aid.

These scholarship dollars are made available through the support of the Lander Recreation Board and the generosity of alumni and friends of the Lander Swim Club. Our supporters realize the many benefits of the LSC to our community. They volunteer both time and money to expand the LSC Mission.

Scholarships will be awarded to offset the cost of LSC Club Dues and LSC Team Swim Meet Fees. The LSC Scholarship Committee awards funds based on financial need, demonstration of commitment to swimming, competitive focus, teamwork and active parental volunteerism with LSC. Scholarship amounts are requested per swimmer by completing the application online at www.landersistimclub.org. Applications are also in the LSC kiosk at the pool. A formula is provided to support this process (see application section "Estimate of Financial Need"). Families must complete a separate application for each swimmer requesting scholarship money. When completing this application, please only request what you think you need. Scholarship awards are applied as a scholarship credit to your LSC account.

For more information, please see scholarship application.

How to apply

All applicants must submit:

1. USA Registration form (available at the pool during LSC practice or at www.landersistimclub.org) with USA registration fee attached or copy of current USA card. (Free and Reduced Lunch qualified recipients receive a discounted USA Registration @ \$10.00 per swimmer.)
2. Lander Swim Club Scholarship Application.
3. New LSC Members only – Recommendation from Similar Activity **
4. Your Fremont County SD #1 Free and Reduced Lunch application or the most recent completed parent or parents' 1040 tax return form.
5. Mail to or drop at:

LSC Scholarship Committee
901 Fremont St
Lander, WY 82520

Club Socials / Meetings

LANDER SWIM CLUB * P.O. Box 27 * Lander, WY 82520 * lsc@wyoming.com * <http://www.landersistimclub.org> * 332-9903

25 Aug 2008

The annual Club Social/Meeting will be held September 18th at 5:45, location TBD.

Club socials are planned to celebrate swimmer and team successes, to meet other swimmers and their families, and to conduct club business. Social events are scheduled throughout the year. Check the calendar and bulletin board for any upcoming events.

http://www.landersistimclub.org/total_calendar/index.php

Swim Meets

Meet information will be posted on the LSC tables in the pool lobby. We encourage all competitive development swimmers to target competing in each of the 5 events (freestyle, backstroke, breaststroke, butterfly and IM) dispersed over at least 3 meets this year. Team meets will be designate by the coaching staff. Coaches attend team meets. Meets are fun, team spirited events and support our goals. Swimmers achieving qualifying times for Wyoming State Meet(s) and zone or regional competitions are encouraged to participate in these events. For a full listing of meets being offered in Wyoming refer to the Wyoming Swimming Inc website at <http://www.wyomingswimming.org/>

Communications

E-mail - LSC relies via e-mail to communicate regularly with the club membership. Please be sure to give us your most updated information and inform us of any changes. lsc@wyoming.com

Web site – <http://www.landersistimclub.org> The web site contains a calendar of practices, events and re-schedules, parent information, coaches tips, pictures of the swimmers and coaches, and more.

Newsletters - Bimonthly newsletters will be available on the LSC tables in the pool lobby.

Calendar - bimonthly calendars will accompany the newsletter with scheduling to include, practices, reschedules, swim meets and sign up deadlines, special events, board meetings.

http://www.landersistimclub.org/total_calendar/index.php

Bulletin Board - The bulletin board is located just inside the bleacher section by the stairwell and includes swimming news, membership activities, calendars of upcoming events, swim meet information, swimmer goals and qualifying times.

Welcome to the Lander Swim Club 2009-2010 Season!